



THE CANADIAN ASSOCIATION  
OF GENERAL PRACTITIONERS  
IN ONCOLOGY



L'ASSOCIATION CANADIENNE  
DES MEDECINS OMNIPRATICIENS  
EN ONCOLOGIE

# CAGPO News

FEBRUARY 2020

## 2020 CAGPO ANNUAL CONFERENCE

September 24-27, 2020  
Intercontinental Toronto Centre  
Toronto, ON  
[cagpo-annual-conference.ca](http://cagpo-annual-conference.ca)

## CPD OPPORTUNITIES

FPON (Family Practice in  
Oncology Network)  
holds regular webcasts -  
look for emails from  
CAGPO about these  
opportunities.

## EXECUTIVE MEMBERS

Tunji Fatoye, MB  
Chair

Mary DeCarolis, ON  
Past Co-Chair

Henry Docherty, BC  
Past Co-Chair

Gen Chaput, QC  
Chair-Elect

Lucile Robillard, ON  
Treasurer, Ontario

Andrew Knight, ON  
Co-Chair, Scholarship  
Committee,

Heather Ostic, ON  
Co-Chair, Scholarship  
Committee

Patricia Craig,

Lori-Ann Hayward, NL

Evan Lilly, ON

Lynne Savage, MB  
Administrative Assistant

[info@cagpo.ca](mailto:info@cagpo.ca)

## 2019 CAGPO Conference Update

The audio portions of the presentations from the last Annual Conference are now available on the CAGPO website (<http://cagpo-annual-conference.ca/Conference-Agenda>).

Please note that Firefox or Google Chrome may work more efficiently.

Be sure to join us at the Intercontinental Toronto Centre in Toronto from September 24th to 27th for the 2020 Annual Conference.

## 2020 Scholarship Update

CAGPO provides a scholarship program designed to support physicians who would like to develop their skills in cancer care.

The learning activity takes the form of a clinical traineeship of one to four weeks duration. The value of the scholarship is up to \$4500 per full-time week of training. Applicants must be CAGPO members at the time of application. Applications must be postmarked by **March 31, 2020**.

Please visit [www.cagpo.ca](http://www.cagpo.ca) and click on the scholarship tab for more information. If you have any questions, email [info@cagpo.ca](mailto:info@cagpo.ca).

## Current Oncology Series

Back by popular demand, CAGPO and Current Oncology are partnering up once again to publish a series of articles specifically focuses on the educational needs of Canada's GPOs! One article will be published in each issue of Current Oncology in 2020 (<https://current-oncology.com/index.php/oncology>). The first article will focus on the management of metastatic non-small cell lung cancer and will be published in the upcoming February issue. For a disease in which the treatment landscape is constantly evolving, this article promises to be a valuable resource to FPOs and family physicians alike.



### **SIGN UP FOR SOSIDO TODAY!**

Sosido is a network that circulates important information to professional healthcare organizations, and CAGPO is now part of Sosido. Every week, CAGPO members can receive an email "digest" with highlights from top oncology journals, news from the organization about upcoming events, and top news from the CAGPO community.

If you are interested in signing up for the weekly digest, contact Lynne at [lsavage3@cancercare.mb.ca](mailto:lsavage3@cancercare.mb.ca).

[www.cagpo.ca](http://www.cagpo.ca)

## COLORECTAL CANCER SCREENING IN PATIENTS WITH A FAMILY HISTORY OF COLORECTAL CANCER OR ADENOMAS

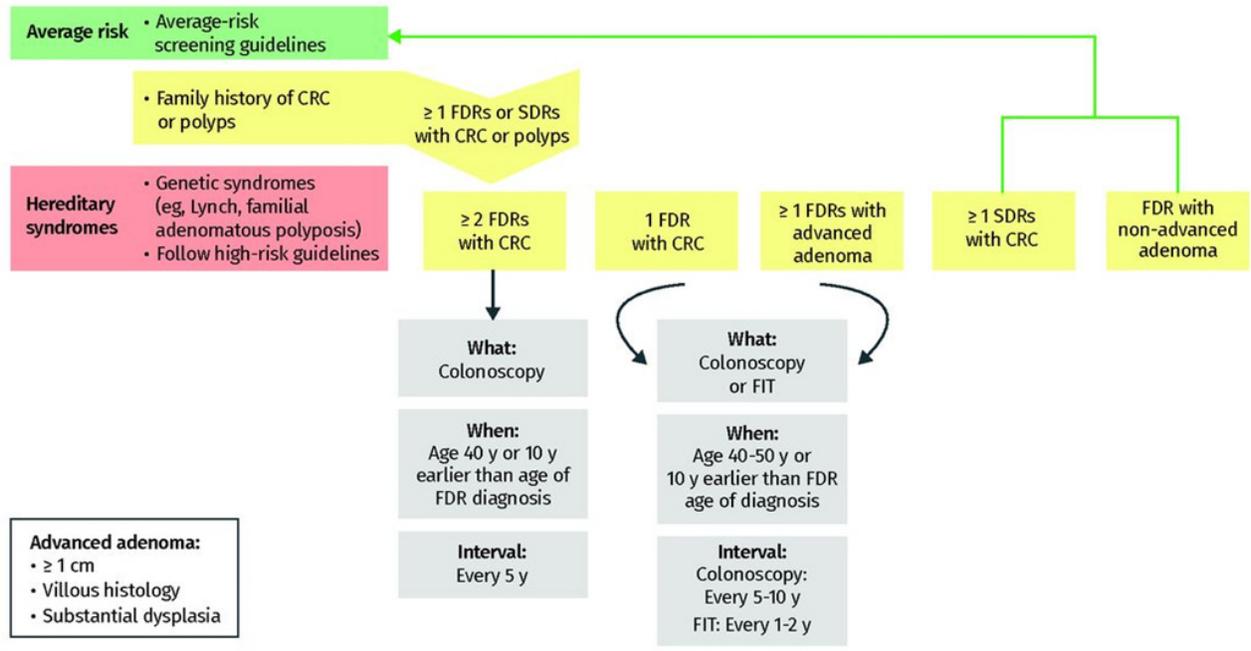
Wilkinson et al. *Canadian Family Physician* November 2019, 65 (11) 784-789

This article beautifully summarized the recommendations for colorectal cancer screening for those patients who have a higher-than-average risk of colorectal cancer, but do not have a familial syndrome. They fall into a “medium-risk” category that requires a personalized approach to screening. Of course, these recommendations should take into account various patient factors, including risk tolerance, comorbidities, patient preference, and accessibility. For further discussion, please refer to the full article in the November issue of *Canadian Family Physician*.

### Screening recommendations

- First-degree relatives (FDR) with colorectal cancer (CRC)
  - ◇ 1 FDR
    - ◆ Colonoscopy (or fecal immunochemical testing [FIT] if colonoscopy not feasible or desirable) should begin at age 40-50 or 10 years younger than the FDR at diagnosis
    - ◆ Repeat colonoscopy q5-10 years
    - ◆ Repeat FIT q1-2 years
  - ◇ 2 or more FDRs requires more intense screening
    - ◆ Colonoscopy starting at age 40 or 10 years younger than the FDR at diagnosis
    - ◆ Repeat colonoscopy q5 years
- Second-degree relatives (SDR)
  - ◇ Patients with 1 or more SDRs with colorectal cancer, screening should follow guidelines for average-risk patients
- FDRs with adenomas
  - ◇ 1 or more FDR with advanced adenoma
    - ◆ Colonoscopy (or fecal immunochemical testing [FIT] if colonoscopy not feasible or desirable) should begin at age 40-50 or 10 years younger than the FDR at diagnosis
    - ◆ Repeat colonoscopy q5-10 years
    - ◆ Repeat FIT q1-2 years
  - ◇ FDR with non-advanced adenoma
    - ◆ Follow average-risk screening guidelines
  - ◇ Definition of advanced adenoma
    - ◆ Sessile serrated polyps or adenomatous polyps
    - ◆ At least 1 cm in size
    - ◆ Villous or tubulovillous pathology
    - ◆ High grade dysplasia

**Figure 1.** Screening pathway for diagnosing patients with a family history of CRC or adenomas



CRC—colorectal cancer, FDR—first-degree relative, FIT—fecal immunochemical testing, SDR—second-degree relative.



*Watch your mailbox for membership renewal information.*



Provincial Health Services Authority

## **FAMILY PRACTICE ONCOLOGY NETWORK UPDATE**

### **ONCOLOGY CME WEBCASTS UPCOMING**

Register at <http://ubccpd.ca/webinars>

A convenient, no-charge opportunity to gain current oncology knowledge and contacts. Join BC Cancer's Family Practice Oncology Network for monthly Oncology CME Webcasts presented with the University of British Columbia's Division of Continuing Professional Development. There is no cost to take part in these practice-ready sessions which run from 8:00-9:00 a.m., Pacific Time, and are certified by the College of Family Physicians of Canada for one Mainpro+ credit each. Please join us!

**February 20: Fertility Preservation in Cancer Patients presented by Dr. Beth Taylor, Fertility Doctor and Endocrinologist, Olive Fertility Centre**

**March 19: Immunization in Childhood Cancer presented by Dr. Rod Rassekh, Pediatric Oncologist, BC Children's Hospital**

**April 16: Prostate Cancer presented by Dr. Michael Peacock, Radiation Oncologist, BC Cancer – Vancouver**

Most Webcasts are recorded and available at [www.fpon.ca](http://www.fpon.ca) – and you can earn additional Mainpro+ credits through the College's Linking Learning exercises: [www.cfpc.ca/Linking\\_Learning\\_exercises/](http://www.cfpc.ca/Linking_Learning_exercises/)

### **NEW ONLINE LEARNING OPPORTUNITY:**

#### **BC CANCER PRIMARY CARE LEARNING SESSIONS – FIRST MODULE – COLORECTAL CANCER**

Register at <https://ubccpd.ca/course/colorectal-cancer>

A great opportunity to build your understanding of colorectal cancer at your convenience – no charge. Learn best practices for Colorectal Cancer including screening, diagnosis, treatment, survivorship, surveillance and late effects through BC Cancers' newly launched Primary Care Learning Sessions. Presented with the University of British Columbia's Division of Continuing Professional Development, these online sessions offer an interactive, clear, and easy way to increase your cancer care knowledge. Useful resources and links included. Our Breast Cancer module launches in March followed by Prostate Cancer in May. Up to 1.0 Mainpro+ credit.

Full details at [www.fpon.ca](http://www.fpon.ca) or via [jennifer.wolfe@bccancer.bc.ca](mailto:jennifer.wolfe@bccancer.bc.ca).